
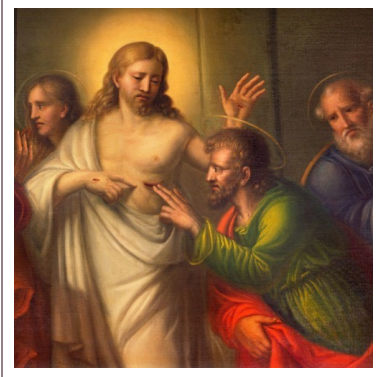


<p><i>Serving you since 1969</i></p>  <p>117 Ropewalk Lane St. John's, NL <b>T: 709-579-8921</b> or <b>709-579-9020</b> <a href="http://www.laheys.ca">www.laheys.ca</a></p>	<p><b>GREENE FRAIZE MUSIC STUDIO</b> </p> <p>Alanna Fraize Noreen Greene Fraize <a href="mailto:alannafraize@gmail.com">alannafraize@gmail.com</a> <a href="mailto:nngreenefraize@hotmail.com">nngreenefraize@hotmail.com</a></p>	
 <p>Janet Kovich, Realtor 709-682-3745 Professional real estate service for your residential &amp; commercial transactions</p> 	<p>Apex Executive &amp; Virtual Assistance Inc.</p>  <p>Janet Kovich Executive Assistant 879-382-APEX <a href="mailto:hello@apexexecassist.com">hello@apexexecassist.com</a> <a href="http://www.apexexecassist.com">www.apexexecassist.com</a></p>	
<p><b>FRAIZE LAW</b> Barristers, Solicitors &amp; Notaries</p> <p>THOMAS W. FRAIZE, K.C., B. Comm. (Hon.), LL.B. DONALD K. POWELL, B.A., LL.B. LARA FRAIZE-BURRY, B.A., M. Phil., J.D. KALLI FRAIZE, B. Mus., M. Phil in Humanities, J.D. 709-726-7978 <a href="mailto:tfraize@fraizelawoffices.nf.net">tfraize@fraizelawoffices.nf.net</a></p>	 <p><b>Knights of Columbus</b> St. Teresa's Council # 7702 <i>New Members Welcome!</i></p> <p>Grand Knight, Francis Adjei 709-853-8738 <a href="mailto:fkadjeimesu@gmail.com">fkadjeimesu@gmail.com</a></p>	
 <p>Advisor 6 Mount Carson Ave, Suite 201 Mt. Pearl, NL A1N 3K4</p>  <p><i>"Live for today... Plan for tomorrow"</i></p> <p>(709) 781-0577</p>	 <p><b>Thomas J Power</b> Investment Fund Advisor (709) 781-0577 <a href="mailto:tom@thomasjpowerfinancial.com">tom@thomasjpowerfinancial.com</a></p>	
 <p><b>Society of St. Vincent de Paul</b> St. Teresa's Conference</p> <p><i>New Volunteers Appreciated!</i></p> <p>For assistance or to donate: 709-579-7201</p>	 <p><a href="http://www.jesumaryjoseph.ca">www.jesumaryjoseph.ca</a></p> <p><b>May God bless you and those dearest to you.</b> <b>Amen.</b></p>	
 <p><b>T: 709-753-6845</b> <a href="mailto:office@caul's.ca">office@caul's.ca</a></p> <p><i>A Tradition of Trust since 1890</i></p>		
 <p><b>Focused on you.</b></p> <p><b>Jim DINN</b> M.H.A. St. John's Centre 709-729-2638 <a href="mailto:jamesdinn@assembly.nl.ca">jamesdinn@assembly.nl.ca</a></p>	<p><b>Leave a legacy</b> Consider leaving a bequest or other legacy gift or donate in memory of a loved one.</p> <p><b>Honour someone special</b> Mark a milestone or special occasion by making a donation in honour of a friend, colleague or loved one. <b>Email:</b> <a href="mailto:stteresascampaign@gmail.com">stteresascampaign@gmail.com</a></p> 	
<p>Thank you all for supporting our parish community, and for your stewardship of our Church Property!</p> <p>To advertise on this Page please email: <a href="mailto:stteresascampaign@gmail.com">stteresascampaign@gmail.com</a></p>		

**April 12, 2026 ~ Second Sunday of Easter**



**The Importance of Trust**

We can readily understand Thomas' insistence upon seeing things with his own eyes. Would *you* believe it if someone told *you* that a friend whose funeral you had attended was now walking through walls? At some time or other, all of us have been tricked into believing something we later found out was untrue and remember how foolish we felt. Haven't our parents told us not to believe everything we hear? Haven't our teachers taught us to do our own research? Doubt serves a valuable purpose, and we would be naïve to disregard it. At the same time, we know that doubt can become a way of life, overstepping its usefulness. During the COVID pandemic, for example, some refused to believe even the most knowledgeable medical voices in the nation. Like Thomas, they insisted that unless they'd "done their own research," they wouldn't believe. Such a stance ignores that unless you are a scientist working in a medical lab, even "your own research" will be based on an act of belief that what you are reading of others' research is correct. Doubt is good, but only in combination with a healthy dose of humility. In the end, the world turns on an axis of trust. At the close of today's gospel, Jesus names as "blessed" those able to discern what is true and believe not only because of what they have seen with their own eyes but also because of what they have heard through their ears from sources worthy of their trust.


Ann M. Garrido ~ Ligouri Publications

**St. Teresa's Parish - Served By The Redemptorists**  
Since Sunday, October 21, 1956

**Fr. Ciro Perez C.Ss.R.**  
**Fr. David Purcell C.Ss.R.**  
**Fr. Tony Bidgood C.Ss.R.**  
**Noel Oco C.Ss.R.**

**Telephone: 709-579-0065**  
120 Mundy Pond Road, St. John's, NL, A1E 1V1  
Fax: 579-3804  
Website: [www.stteresa.ca](http://www.stteresa.ca)

**Parish Office Hours** Monday to Friday 9:00 - 4:00 pm *Our bulletin is available online.*



**Weekend Masses**  
Saturday: 5:00pm  
Sunday: 9:00am, 11:00am  
Spanish Mass - 3rd Sunday of month @1:00pm

**Weekday Masses**  
Monday & Wednesday: 7:00pm  
Tuesday, Thursday & Friday: 8:00am  
(*Weekday holidays* - Mass moves to 9:00am)  
Our Mother of Perpetual Help Devotions included in Wednesday Mass.  
Adoration follows Friday Mass.

**Reconciliation**  
Wednesday 6:30 - 7:00pm & Saturday 3:00 - 4:00pm or call the parish office for an individual appointment with a priest.

**Marriages**  
A minimum of six months advance notice is required. A marriage preparation program is required to be married in the church.

**Baptisms**  
Please contact the Parish Office to schedule the pre-baptism course and for more information. A copy of the child's birth certificate must be provided before the baptism.

**Collection April 11/12, 2026**

Easter Collection	\$9,082.00
Loose Collection	2,296.00
E-Transfers	390.00
Total of above	\$11,768.00

**Acknowledged with gratitude.**

Good Friday	\$5,285.00
Regular Collection	\$1,753.00
Initial Offering	\$60.00 (Total \$3,117.00)
Dev. and Peace	\$275.00 (Total \$2,931.50)
Easter Flowers	\$105.00 (Total \$3,459.20)
New Year's Day	\$120.00 (Total \$4,420.00)
Students to Priesthood	\$20.00
Easter Sunday	\$100.00 (Total \$120.00)
Pope's Pastoral Works	\$10.00



**2026 Troutier's Special - STMPC**  
 Congratulations to our 4<sup>th</sup> winner of \$1,000 – Jodi Norman, Ticket #1998.  
 Congratulations to our 5<sup>th</sup> winner of \$1,000 – Olajide Shofolahan, Ticket #1765.

There are 169 tickets remaining to be sold. Please help us reach our goal and buy your tickets today! Don't miss out on your chance to win one (or more) of our remaining four weekly prizes of \$1,000 and the Grand Prize of \$10,000 plus five additional prizes of \$1,000 to be drawn on May 13, 2026. That is, 10 chances left to win on one ticket!

Tickets will be available after weekend masses and at the Parish Office until they are all sold. The St. Teresa's Mundy Pond Corporation thanks you for your ongoing support!



**Spanish Mass - Misa en Espanol**

Every third Sunday of the month we have Mass in Spanish at 1pm. You are welcome to join us.

El tercer Domingo de cada mes tenemos Misa en espanol a la 1pm les esperamos. Bienvenidos.

**There will be no mass on Monday, April 13, due to the Mission.**



**ST. TERESA'S PARISH MISSION TO CELEBRATE THE 300<sup>TH</sup> ANNIVERSARY OF THE BIRTH OF ST. GERARD MAJELLA APRIL 13, 14 & 15, 2026**

**Preacher ~ Fr. Santo Arrigo C.Ss.R.**

Known as the patron saint of expectant mothers, families experiencing challenges in conceiving a child, and the falsely accused, St. Gerard Majella (an 18<sup>th</sup> century Redemptorist brother) is celebrated for his profound trust in God and miraculous intercession. 2026 marks the 300<sup>th</sup> anniversary of his birth.

Special mission events include:

**Monday, April 13**

**7:00 pm:** Mission Liturgy of the Word with Homily, Sacrament of the Sick and blessing with the relic of St. Gerard

**Tuesday, April 14**

**12:00 noon:** Adult Faith Conversation in the Basement Hall

(Enter by west side basement door)

**7:00 pm:** Mission Liturgy of the Word with Homily, Sacrament of Reconciliation and blessing with the relic of St. Gerard

**Wednesday, April 15**

**7:00 pm:** Mass with Mission Homily and blessing with the relic of St. Gerard

Social to follow

**All are welcome!**



**Confirmation**

Congratulations to forty five of our young people who will gather with their families to be confirmed by Archbishop Peter Hundt on Sunday, April 12 at

2pm. We congratulate them and their families on this significant milestone in their faith journey. We assure them of our prayers and look forward to having them join us at mass.

**St. Teresa's Mundy Pond Corporation**

**AGM, Tues., May 5/26, 7:00 p.m. at the church**

Our Annual General Meeting (AGM) will be held on Tuesday, May 5, at 7:00 p.m. at St. Teresa's Church. Thank you for your continued support, and we look forward to seeing you at the AGM!

Visit us on the web at [www.stteresa.ca](http://www.stteresa.ca)



**Easter Recipes**

Recognizing the many different cultures that support and enhance St. Teresa's, and with the purpose of developing community

within the parish, the finance committee is collecting Easter recipes.

The plan is to include one recipe in each Sunday bulletin during the Easter Season. At the end of the Easter Season, on Pentecost Sunday, a collection of all the recipes that have been submitted will be placed on the website. The collection will remain on the website for you to use.

We are hoping that the collection will include recipes from all backgrounds and cultures that make up the parish.

You may include a photo or picture with your recipe, and/or a short story to tell why you chose this recipe, and how many it will feed.

Your name will be included with the recipe.

Please email your recipe to the parish office - [stteresaparish@resj.org](mailto:stteresaparish@resj.org) or drop your recipe off at the office. Please put "Recipes" in the subject of your email. Recipes may be submitted anytime during the Easter Season.

**CODFISH au GRATIN CASSEROLE**

- 4 tablespoons butter
- 2 tablespoons flour
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 cups milk
- 2 1/2 cups codfish (cooked, flaked and cooled)
- Melt butter add flour, salt and pepper to make a paste.
- Add milk and cook until it thickens, stirring constantly.
- Grease a 2 quart casserole dish, pour a little of the sauce over the bottom. Add a layer of codfish; sprinkle with cheese. Repeat these layers until all ingredients are used, ending with a layer of cheese.
- Bake at 350 until nicely browned (about 1/2 hour)

Submitted by ~ Christina Byrne

**April 19, 2026 - Third Sunday of Easter**

**First Reading** - Acts 2.14, 22b-28

**Second Reading** - 1 Peter 1.17-21

**Gospel** - Luke 24.13-35

**Mass Intentions April 13 - 19**

<b>Monday</b>	7:00pm	No Mass - Mission Liturgy
<b>Tuesday</b>	8:00am	John Butler, Ann Hyde, William Grant, Deceased members of Norman family
<b>Wednesday</b>	7:00pm	Joseph, Mary and Leah Aylward Sharon Corcoran, Connie Tobin Brenda Carroll Collins and Stacey families
<b>Thursday</b>	8:00am	Wally, Joan and Chris Abbott John Kennedy, Paul Norman Kathleen and Ed Power
<b>Friday</b>	8:00am	Eileen Hickey, Charlie Power Jim Brennan, Peggy Cole
<b>Saturday</b>	5:00pm	Molly Stacey, Craig Quigley John and Eileen Bidgood Rita and Donald Shivers
<b>Sunday</b>	9:00am	Mary Bourgeois, Richard Bouzan, Margaret O'Keefe
	11:00am	The Parishioners

**The St. John's Area Catholic African**

**Community** will host a Mass on Sunday, April 26<sup>th</sup> at 2PM, at the Basilica. All are welcome. There is a choir preparing for the Mass and it practices at 6:30 each Friday evening. New singers are welcome. There will a reception after the Mass and a taste of various African dishes.

To help. please call Music: Kingsley at [kingsleyaloziel@gmail.com](mailto:kingsleyaloziel@gmail.com) Food/Organization: Marie at [marienassuna@gmail.com](mailto:marienassuna@gmail.com)

**A Word from Pope Leo XIV**

*The Lord shows us his wounds and says: Peace be with you. Do not be afraid to show your wounds healed by mercy. Do not be afraid to draw close to those who are trapped in fear or guilt. May the breath of the Spirit make us, too, witnesses of this peace and this love that is stronger than any defeat.*

General Audience, Rome, Oct. 1, 2025

Visit us on the web at [www.stteresa.ca](http://www.stteresa.ca)